CONGRATULATIONS ON PARTICIPATING IN SHABBAT SAN DIEGO

You, along with Jews in more than 350 cities in 35 countries, have participated in a unique International Unity Shabbat. We hope you had a personally meaningful experience by being unplugged from daily schedules, burdens and distractions and enjoyed being plugged into personal rest, time with family and friends, attending services, studying and enjoying a Shabbat Dinner. By participating in the rituals of our precious heritage, you have created one of the largest Jewish events in San Diego history and assisted in building community unity and demonstrating global solidarity. Over 150 congregations, organizations, youth groups and schools participated across the full spectrum of affiliations as well as the unaffiliated. It is our hope that experiencing the magic of Shabbat has rejuvenated your family, united our community and enhanced Jewish pride and identity across the world. THANK YOU.

WELCOME TO HAVDALAH!

The Havdalah ("Separation") ceremony distinguishes between the Shabbat that we have just experienced and the week that we are about to enter. It's a multi-sensory ritual employing our faculties of speech, hearing, sight, smell and taste to define the boundaries between the sacred and the everyday. By defining the separation of Shabbat from the workday week, the relationship between the two is also established - a relationship in which Shabbat imparts its transcendent vision to the rest of the week, and the six days of daily life feed into, and are sublimated within, the sanctity of Shabbat.

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Just as we bring Shabbos in with wine, so we see it out with wine. In addition, we smell spices to revive our spirits and light a multi-wicked candle to symbolise the beginning of the work week.

Light a multi-wicked candle (or hold two regular candles together) and fill a cup with wine or grape juice. Have a container of spice ready. Hold the cup in your right hand (or left if left-handed), and let someone else hold the candle. Recite the following:

D.1.1.T.1.1.1.		The first about Tzion are here,
Rishon leTziyon hineh chinom, velirushalayim mevaser aten. Kos yeshu'ot esah, uveshem Adonai ekrah. Anah, Adonai, hoshi'ah nah. Anah, Adonai, hatzlichah nah.	רָאשׁוֹן לְצִיּוֹן הָנֵּה הָנָּם, וְלִירוּשָׁלַיִם מְבַשֵּׁר אֶתֵּן: כּּוֹס ישׁוּעוֹת אֶשָּׂא, וּבְשֵׁם יְהֹוָה אֶקְרָא אָנָּא יְהֹוָה הוֹשִׁיעָה נָּא: אָנָּא יְהֹוָה הַצְלִיחָה נָא:	and give herald of good tidings to Yerushalayim. I will raise the cup of deliverance and I will call upon the name of Adonai. We beseech You, Adonai, deliver us. We beseech You, Adonai, make us successful.
Hatzlichenu, hatzlach der- achenu, hatzlach limudeinyu, ushelach berachah revachah vehatzlachah bechol ma'asei yadeinu, kedichtiv: Yisah verachah me'et Adonai, utzeda- kah me'Elohei yisho. LaYehu- dim haytah orah vesimchah, vesason vikar. Uchetiv: Vayehi David lechol derachav maskil, vAdonai imo. Ken yih'yeh imanu tamid. Savri maranan Baruch atah Adonai, Eloheinu melech ha'olam, borei pri hagafen.	הַאְלִיחַנוּ, הַאְלַח דּרָכֵינוּ, הַאָלַח לְמוּדֵינוּ, וּשְׁלַח דְּרָכֵינוּ, הַאָלַח וְהַאָּלָחָה בְּכָל מַעֲשֵׁה יָדֵינוּ, פְּדְכְתִיב יִשָּׁא בְרָכָה מֵאֵת יְהֹוֶה וּאָדָקָה מֵאֶלֹהֵי יִשְׁעוֹ: לַיֹּהוּדִים הָיְתָה אוֹרָה וְשִׁמְחָה, וְשָׁשׂן וִיקָר: וּכְתִיב וַיְהִי דְדִד לְכָל דְּרָכָיו מַשְׂפִיל, וַיהֹוָה עִמוֹ: בַּן יִהְיֶה עִמְנוּ תָמִיד: סַבְרֵי מָרָנָן. הַעוֹלַם, בּוֹרָא פַּרִי הַגַּפַן:	Make us successful, grant us success in our ways, and in our studies, and send blessing, profit and success in all our endeavours, as it is written: He shall receive a blessing from Adonai, and righteousness from the G-d of His salvation. For the Jews there was light and joy, gladness and hon- our. And it is written: And David was successful in all his ways for Adonai was with him, so may He be with us. Attention! My masters. Blessed are You, Adonai, our G-d, King of the universe, Who creates the fruit of the vine.
Before drinking any wine, lift the spices (make sure they are not covered) and say:		
Baruch atah Adonai, Eloheinu melech ha'olam, borei atzei (isbei) (minei) vesamim.	בּרוּף אַתָּה יְהֹוֶה, אֱלֹהֵינוּ מֶלֶף הָעוֹלָם, בּוֹרֵא עֲצֵי (עִשְׂבֵּי) (מִינֵי) בְשָׂמִים:	Blessed are You, Adonai, our G-d, King of the universe, Who creates various fragrant spices.
Smell the spices, and pass them around so that everybody can smell them. Then say:		
Baruch atah Adonai, Eloheinu melech ha'olam, borei me'orei ha'esh.	בָּרוּך אַתָּה יְהֹוָה, אֶלֹהֵינוּ מֶלֶך הָעוֹלָם, בּוֹרֵא מְאוֹרֵי הָאֵשׁ:	Blessed are You, Adonai, our G-d, King of the universe, Who creates the lights of fire.
Hold your fingers to the light of the candle so that you can see the light reflecting off your fingernails. Then say:		
Baruch atah Adonai, Eloheinu melech ha'olam, hamavdil bein kodesh lecho, uvein or lechoshech, uvein Yisra'el la'amim, uvein yom hashvi'i lesheshet yemei hama'aseh. Baruch atah Adonai, hamavdil bein kodesh lechol.	בָּרוּהְ אַתָּה יְהֹוָה, אֶלֹהֵינוּ מֶלֶהְ הָעוֹ־ לָם, הַמַּבְהִּיל בֵּין סָדָשׁ לְחוֹל וּבֵין אוֹר לְחֹשֶׁהְ וּבֵין יִשְׂרָאֵל לָעַמִּים וּבֵין יוֹם הַשְׁבִיעִי לְשֵׁשֶׁת יְמֵי הַמַּעֲשֶׂה. בָּרוּהְ אַתָּה יְהֹוָה, הַמַּבְדִּיל בֵּין קֹדָשׁ לחוֹל:	Blessed are You, Adonai, our G-d, King of the universe, Who makes the distinction between sacred and profane, between light and darkness, between Yisroel and other peoples, between the seventh day and the six work days. Blessed are You, Adonai, Who

Only now do you drink some wine, preferably more than half the cup, using the remainder to extinguish the candle.

makes distinction between sacred

and profane.